

## Pamela Trokanski Dance Workshop Summer 2023 Dance Camp Information



### OVERVIEW

- **All camps are 5-days: Monday – Friday, 9:30-3:00, except camp IV** (Drop off time is 8:30-9:30am and pick up time is 3:00-3:30pm)
- **Camps I – III & V – VII are designed for kids ages 6-12**
- **Camp IV, designed for ages 5 – 8, is Wed-Fri, 8:30am-12:30pm**
- *No experience is necessary for any camps, BUT kids who sign-up for Camp V (Moving Words) should be able to read and write.*

**All of our programs are designed both for children who take multiple weeks as well as those who take only one.**

The Pamela Trokanski Dance Workshop offers multiple Dance Camps (Camps I, III, & VI) that help students become more well-rounded dancers while training under teachers of different technical styles. During the morning portion of the Dance Camps, students will focus on various dance forms including Ballet, Contemporary, Jazz, and Dance Improvisation. Afternoons will be spent exploring additional ways of using movement through a variety of activities. We also offer a week of “*Moving Words*” (Camp V) which uses movement activities to enrich language and writing skills, and Camp II, *Imagine* which is all about stimulating imagination. *Let’s Put on a Show!* explores different aspects of producing a dance concert. For campers who have participated in other camps during the summer, this week provides an opportunity to perform both new and previously learned pieces.

**Summer Training Program (Ages 13+):** An opportunity to gain new skills and work experience at the same time. This program is for students who would like to train with the goal of providing movement and arts education to children ages 6-12 in a safe and fun environment. Trainees must commit to a minimum of 1 week, 8:15-3:30pm (8:15-12:30pm Camp IV). Trainees will work one-on-one with Pamela to develop skills, and will receive documentation of training upon completion. Positions are limited to 2 per camp. Interested students need to fill out an application, attach a letter of reference from a mentoring adult, and interview with Pamela. Previous training in dance is helpful but not necessary. Tuition is due upon acceptance into the program. (\$125 for all day camps /\$85 for Camp IV)

## Dance & Integrated Arts Camps!

### Week I: June 12 – 16: Dance Camp 1 - *Jazz Focus*

**(ages 6 – 12) \$250** This camp explores Jazz Dance, it’s origins and evolution with Tap and Musical Theatre

### Week II: June 19 - 23: *Imagine*

**(ages 6 – 12) \$250** Participants spend the week exploring free imagination through dance improvisation, theatre games, art, storytelling, and daydreaming!

### Week III: June 26 – June 30: Dance Camp 2 – *Modern Focus*

**(ages 6 - 12) \$250** This camp explores Modern Dance, how the early pioneers of this style “deconstructed dance” in order to create a new form and its resulting impact on multiple styles including Improvisation, Jazz Contemporary Ballet, and more.

### Week IV: July 5 – 7: *Adventures in the Arts* (3 days)

**(ages 5 – 8), 8:30 – 12:30 (½ day) \$140**

Participants spend the week exploring multiple art forms, movement, story-telling, and theatre games.

### Week V: July 17 - 21: *Moving Words; The Duet of Writing & Dance*

**(ages 6 – 12) \$250** This special enrichment program uses movement, music, and visual arts to inspire young authors.

*Please note: some reading & writing is necessary for this camp.*

### Week VI: July 24 - 28: Dance Camp 3 – *Ballet Focus*

**(ages 6 – 12) \$250** This camp explores Ballet and how it was influenced by Modern and Contemporary, its evolution into Contemporary Ballet, with contrasting experiences with other styles including Jazz, Tap and more.

### Week VII: July 31 - August 4: *Let’s Put on a Show!*

**(ages 6 – 12) \$250** This camp explores all aspects of producing a dance concert, from dancing & learning choreography to costumes & lighting to programs & posters.

★★ **Please note that kids who are 5 at the time of registration must take an assessment class with Pamela before registering for camps I-III & V-VII.**

**For our dancers at Level 2/3 and higher in Ballet and Contemporary we will be offering a Ballet Contemporary Intensive the week of July 10 – 14.**

### What Parents had to say:

*“The kids loved camp and talked about their collages throughout the week. I think it was a great week of creativity and exposure to different dance forms (tap & ballet) too. Thanks for putting on this camp!” – Lindsey Horvath*

## TUITION

**Tuition: \$250.00 per camp / \$140 for Camp IV**

★ **Early-Bird Discount:** 10% off for Campers who register by March 31.

★ **Multiple Week Discount:** 10% off for campers/siblings who enroll for multiple weeks by May 27.

Please note that discounts will be given *only* at the time of initial registration. *They are not retro-active and may not be combined.*

As space is limited, tuition will be accepted on a first-come, first-served basis until the programs fill or until the Thursday preceding each program.

*Refunds will not be given except in the case of injury with a doctor's letter or in the case that there is not adequate registration for the camp to run.*

## SUPPLIES & DRESS CODE

Participants should wear clothing or dancewear in which they can move easily for a wide variety of styles (No skirts or jeans please!). Leggings, T-shirts, leotards, tights, shorts, are all appropriate attire. If children already have dance shoes they should bring them, otherwise bare feet will work fine. It is not necessary to purchase dance wear or shoes for camps.

Students should bring a nutritious lunch, snack, and water/beverage each day. (Snack & water only for Camp IV)

**Due to the prevalence of nut allergies, we ask that you do not pack nut products.** If your child has a food allergy, please let us know so that we can better monitor them during lunch and snack times.

## DROP-OFF AND PICK-UP

**Classes begin at 9:30am. Drop off starts at 8:30am for convenience in scheduling, with open activities during the first hour.**

**Students may be picked up between 3:00 – 3:30pm**

★ *Please note: We will only release campers to parents or parent-approved adults. Please be sure to let us know if anyone, other than a parent, has permission to pick-up your kids.*

Should a late arrival time or early pick-up be required, a phone call to let us know will help our daily planning process. We know that it's summer and have built flexibility into our schedule, but knowing any changes on your end helps us to keep this a fun experience for your child.

(We'll try and keep the most exciting things for when everyone is present!)

**For more information:**

**Please call 530.756.3949 or email [office@trokanski.com](mailto:office@trokanski.com)**

## More of what parents had to say:

*"It's fantastic! Amelia loves this week too. She wishes to be here all six weeks!"*  
Lisa Sang

# Pamela Trokanski Dance Workshop Summer Dance Programs 2023

## Youth Movement/Dance/Arts Camps

(Ages 6 – 12)

*With one special week for ages 5 – 8*



## Pamela Trokanski Dance Workshop

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